

Top Ten Naplan Tips for Teachers.



- 1. Develop a calm, relaxed and positive classroom; don't make a big thing of Naplan.
- 2. Naplan readiness begins in all year levels, from the beginning of the teaching year; teach, revise and reinforce the basic skills and fundamentals.
- 3. Practise different ways of asking the same question.
- 4. Provide exposure to practice tests or sections of practice tests so students can see the format of Naplan type questions and recreate test conditions.
- 5. Use affirmative, positive and encouraging language with students.
- 6. Keep open parent / teacher /student communication. Keep parents informed of the skills being taught, how they can help with revision, where they can find practice tests etc.
- 7. Set aside dedicated time for Naplan related questions, concerns or queries in the lead up to the tests.
- 8. Cover relaxation strategies and techniques.
- 9. Make sure students know the dates of the tests as well as the stationery and other particular requirements. Teachers should have classroom requirements prepared in advance of testing.
- 10. Keep perspective 'this is only one test in time;' one form of assessment.



Top 6 Naplan Tips for Parents.

- 1. Encourage your student with their homework, short sessions of classwork revision and Naplan revision during the year.
- 2. Encourage confidence Encourage your child to 'give it a go', 'try your best', 'do what you can'; reinforce that your expectations are to do your best.
- 3. Discuss Feelings/Concerns Let your child know that feeling anxious is normal; show empathy and listen to their fears, concerns and worries; reassure them of your expectations.
- 4. Maintain a caring, positive attitude Be approachable; encourage interest activities as well as schoolwork; your child needs to feel safe and secure at this anxious time.
- 5. Prepare your child Have your child go early to bed, have breakfast; have their water bottle and a nutritional lunch prepared; make sure they have their test materials/requirements ready beforehand; try to keep minimal stress levels at home; arrive at school on time.
- 6. Keep perspective This is just a test in time; just one form of assessment; success is not just determined by a test.



Top 5 Naplan Tips for Students.

- 1. Try to do your homework every night a little revision goes a long way.
- 2. Think strong just give it a go and try your best when doing your homework.
- 3. Speak Up if you are feeling worried, talk to your mum, dad or carer. It will be OK.
- 4. Prepare yourself Go to bed early the night before Naplan tests, have breakfast, take a water bottle and healthy lunch.
- 5. Relax Naplan won't hurt. It will be all over in a couple of days.

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